### LETTER OF CONSENT

I, NURUL HUDA BINTI PUWASA (name of community representative), as PEGAWAI PSIKOLOGI (title/ position) of RUMAH KANAK-KANAK REMBAU (name of community organisation or local administrative office), hereby agree / disagree (please delete one) to participate in HELPING AT-RISK TEENAGERS IN CRISIS USING RESPECTFUL-COMMUNITY COLLABORATION-CULTURAL EMPATHY (RESCUE) APPROACH (name of project) by the University of Malaya. This project is run by DR RAFIDAH BINTI AGA MOHD JALADIN (name of researcher/ project leader) from the DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND COUNSELLING, FACULTY OF EDUCATION (name of unit/department/ faculty) for the duration of APRIL - DECEMBER 2016 (start to end date of project). The members of my community / community organisation PENGHUNI RKK REMBAU (please delete one and provide name) have been informed of or consulted on willingness to participate in this project and also agree / disagree (please delete one) to participate in it. We are aware that we are able to withdraw from the project at any time, given due consideration and notification to the project leader or liaison.

NURUL HUDA BT PUWASA

Pegawai Psikologi Rumeh Kanak Kanak Rembau (Jabatan Kebajikan Masyerakat) Negeri Sumbilan

Signature / Name of community representative Identification number: 870503-23-5514

10/03/2016

Date

Signed in the presence of

Signature/Name of project leader

10/03/2016

DR. RAFIDAH AGA MOHD JALADIN

Senior Lecturer (Registered Counsellor, KB, PA) Department of Educational Psychology & Counselling

Faculty of Education, University of Malaya Tel: +603 7967 5058 Fax: +603 7967 5010

M/P: +6011 1217 4475

Email: rafidah\_aga@um.edu.my



### LETTER OF CONSENT

I, LIZAWATI ABD SANE (name of community representative), as PEGAWAI PSIKOLOGI/KETUA SEKSYEN KAUNSELING DAN KERJAYA (title/ position) of BAHAGIAN HAL EHWAL PELAJAR DAN ALUMNI (name of community organisation or local administrative office), hereby agree / disagree (please delete one) to participate in HELPING AT-RISK TEENAGERS IN CRISIS USING RESPECTFUL-COMMUNITY COLLABORATION-CULTURAL EMPATHY (RESCUE) APPROACH (name of project) by the University of Malaya. This project is run by DR RAFIDAH BINTI AGA MOHD JALADIN (name of researcher/ project leader) from the DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND COUNSELLING, FACULTY OF EDUCATION (name of unit/department/ faculty) for the duration of APRIL - DECEMBER 2016 (start to end date of project). The members of my community / community organisation PERSATUAN KAUNSELING UNIVERSITI MALAYA (PERKUM) (please delete one and provide name) have been informed of or consulted on willingness to participate in this project and also agree / disagree (please delete one) to participate in it. We are aware that we are able to withdraw from the project at any time, given due consideration and notification to the project leader or liaison.

LIZAWATI BINTI ABD SANE KRPA

LKAWATI BINTI ABU SAME KIRA Ketua Seksyen Kaunseling & Kerjaya Bahagian Hal Ehwal Pelajar & Alumni (HEPA) Universiti Malaya

Signature / Name of community representative Identification number: 770321-10-5796 Date

10/03/2016

13/2016

Signed in the presence of

Signature/Name of project leader

A. RAFIDAH AGA MOHD JALADIN

Senior Lecturer (Registered Counsellor, KB, PA) Department of Educational Psychology & Counselling Faculty of Education, University of Malaya

Tel: +603 7967 5058 Fax: +603 7967 5010

M/P:+6011 1217 4475

Email: rafidah\_aga@um.edu.my

BAHAGIAN HAL EHWAL PELAJAR & ALUMNI

Aras 2, Blok E, Kompleks Perdanasiswa, Universiti Malaya, 50603 Kuala Lumpur, Malaysia Tel: (603) 7967 3507 / 3290 / 3291 / 3545 / 3506 / 3497 • Faks: (603) 7956 7595 • http://hep.um.edu.my

# Appendix D

# Schedule of milestones and dates:

- Field Study Trip 19/4/2016
- Seminar 1 with expert counsellors 10/5/2016
- Analysis and Module Development 29/7/2016
- Pre-event Seminar 2 with counsellor trainees 9/8/2016
- Training of Trainer workshop 6/9/2016
- Event date (Program Sehari Bersama Komuniti RKK Rembau) 11/10/2016
- Post-mortem/Final Report 15/12/2016

# **List of Project Progress Indicators:**

Events	Participants		Task		Outputs
Meeting 1	Project partners, Representatives of Counseling Students, PERKUM exco, RKK Management	•	Planning activities for site visit (Lawatan Sambil Belajar) and Mental Health Program Day (Sehari Bersama Komuniti RKK Rembau) Site Inspection to prepare event layout	•	2 detailed proposals (working papers) Flowchart of events oraganisation Process for field trip arrangements
RKK visit / field study trip	Members of PERKUM (counselling students), project leader, project partners, project co-researcher, assistants, and invited lecturers.	•	Visiting RKK Rembau Interviewing selected residents of RKK Rembau to collect information regarding their unique cultural backgrounds, needs, and challenges Interview selected personnel involved in RKK management	•	Report on project site (facilities, services, details on residents statistics) Report on experiential learning (reflections and clients' interview data)
Seminar 1 with SMEs (Counselor s)	Members of PERKUM (counselling students), project leader, project partners, project co-researcher, assistants, and invited lecturers and invited panels (Senior counsellors/subject matter experts).	•	Organize a seminar/workshop Collect information on expert counsellors' exemplary practices	•	Report on the seminar Results from counsellors' perspectives
Meeting 2: Series of discussion with project partner and communit y partner	Project leader, Project partners, Representatives of Counseling Students, PERKUM exco, RKK Management	•	Discussing finding from Phase  1 Identify contents and activities for module development	•	Meeting Notes Key topics for module contents
Module developme nt	project leader, project partners, project co-researcher, assistants, and invited lecturers and invited panels (Senior	•	Designing module prototype	•	Module prototype

	counsellors or subject matter experts).		
Seminar 2 with Counselor Trainees	Members of PERKUM (counselling students), project leader, project partners, project co-researcher, assistants, and invited lecturers and invited speakers.	<ul> <li>Organize a seminar/workshop</li> <li>Transfer knowledge to         community partners on mental         health awareness and crisis         management.</li> <li>To recruit potential         facilitators/project assistants         for the Big Event.</li> </ul>	Report on seminar
Workshop : Training of Trainers	Experts, Instructors, Tutors and Project Assistant (est.30 persons)	Training for Facilitators and     Project Assistant	<ul> <li>Module on understanding &amp; dealing with crisis</li> </ul>
The program day at project site (Sehari Bersama Komuniti RKK Rembau)	Members of PERKUM (counselling students), project leader, project partners, project co-researcher, assistants/trained facilitators, RKK Remabau residents and management teams.	<ul> <li>Organize a one-day community         Event</li> <li>Mental health awareness         exhibition</li> <li>Talks/Seminars</li> <li>Psycho-education group         activities</li> </ul>	Report on the program
Meeting 3: follow-up sessions with the communit y partners/R KK residents	project leader, project partners, project co-researcher, assistants, and trained facilitators, RKK management.	to get their feedbacks on the impact of the event	SWOT analysis Report.
Workshop retreat: post- mortem analysis and report	The project leader, project partners, project co-researcher, assistants, and trained facilitators, RKK management representatives.	the organizing committee will be conducted (2 days and 1 night) at the hotel to prepare the final analysis and post-mortem report for the community partner, sponsor/grant provider, and relevant party/bodies, as well as drafting few manuscripts for potential journal/bulletin or book publication.	Draft of final report Drafts of articles/publication materials
Meeting 4	The project leader, project partners, project co-researcher, assistants, and trained facilitators,	Discussion on report/analysis of Phase 1, 2, 3, and 4	Project Final Report

APPENDIX C

		4000	doi: cir	Durati					Project	Project time Frame (2016)	2016)		
S N	Task Name	Staff		On					•				
				(Days)							-		Cochmon
					April	Мау	June	July	August	September	October	November	December
-	Phase 1 : Innit Analysis												
4 7	Mooting 1 . Diaming activities for				>								
1.1	Field trin and cite inspection												
,	neid tilly and site inspection				>								
7.7	KNN VISIC / Held stady trip					^							
1.3	Seminar 1 With Sivies (Couriseiors)					7							
1.4	Meeting 2: Series of discussion					>							
	with project partner and												
	community partner												
2	Phase 2 : Module Development												
2 1	Assessment of Needs and Contents						>						
22	Designing module prototype						>						
7 2	Developing module prototype						>						
2 7	pilot run the module prototype							>					
1.7	Explinate module prototype							>					
C.2	Evaluate Illoudic process per												
m	Phase 3 : Project/Program												
	Implementation								^				
3.1	Seminar 2 with Counselor Trainees								>	7			
3.2	Workshop: Training of Trainers									>	>		
3.2	The program day at project site												
4	Phase 4: Output & Impact Analysis											>	
4.1	Meeting 3: follow-up sessions with												
	the community partners/RKK												
	residents to get their feedbacks on												-
	the impact of the event												>
4.2	Workshop retreat: post-mortem												
	analysis and report												>
4.3	Final Report												
	-												